

Legacy Runner Albert D Allen



Albert Allen, Born April 7th, 1945

L. A. Legacy Runner #10193

He currently lives in Inglewood CA. He was born and raised in Texas, and attended Prairie View A & M University near Houston TX. After graduating with a degree in Mathematics and emphasis in Computer Science, he moved to California in 1967. Albert got his graduate degree from the University of Southern California (USC) in 1975. He worked as a Computer Software Engineer for many years, and retired in 2001. He now devotes his time to Running Marathons and Real Estate Investments (Residential and Commercial). He has a daughter (**Amber**) that work for the IRS. His significant other (**Bettye**) of 32 years is an Interior Decorator.

He run to raise money for breast cancer every chance he gets. His oldest sister (Ina) died of breast cancer the first year the Los Angeles Marathon started (1986). He has another sister (Bernice) who is a breast cancer survivor since 1995. He started running in 1970 to get ready for the US Army basic training. He spent six year in the US Army. When he started running marathons in 1978, he and his friends felt the need for a high quality marathon in Los Angeles. After the 1984 Olympics was held in Los Angeles, it only took 2 more years to make the Los Angeles Marathon happen in 1986. He and several friends vowed to run the first 20 Los Angeles marathons, and that happened in the year 2005. Albert has been

running for 40 years and since 1978 he has done about 125 marathons. He vows to keep running the L A marathon each year. His magnificent marathon support team consist of his sister **Bernice** and his significant other **Bettye**. They have showed up to cheer him on in every L A Marathon.

Future:

He would like to continue running marathons, raise money to help fight cancer, and help beginning and intermediate runners learn how to run year after year after year.

Looking forward to the next Los Angeles Marathon.
Albert (Al) Allen – 10193