

Legacy Runner Bill Colangelo



Bill Colangelo
Age: 56
Canyon Country

LA 1 in 1986 was my first marathon. Since that memorable day, my life has changed. This event has taught me valuable lessons about running and about life. I have learned to pace myself and stay on course through the many months of training leading up to race day. I've learned to believe in the power of commitment. This day has also become a ritual for my family. Every year, they come together to cheer on the runners and wait patiently for me to complete my task. This marathon is so much more than a road race in my life. It is a celebration of the promises I have made to live a meaningful life, to be an

example and to challenge myself physically and mentally.

This year, my youngest daughter Caitlin is running her first marathon! We have trained together & have forged a new bond between us as runners. It is yet another wonderful blessing that the LA Marathon has bestowed on me.

Imagine what you Desire
Create what you Imagine
Will what you Create
- author unknown