

Legacy Runner George Good



LA legacy runner #10221

My name is George Good. I started running about 35 years ago with my then teenage son. He stopped and I didn't.

We have lived off of Mulholland Drive in the Hollywood Hills for 40 years which enables me to run in very picturesque settings just out of my front door. I usually run with my dog, who has his own mileage journal. Outside of LA. I really enjoyed running both the Boston and NYC marathons.

Yes, like my fellow legacy family there have been some obstacles throughout the years to keep the streak alive. A couple of heart attacks, major orthopedic problems and family illness along with 25 years of daily living have made it a challenge to be at the starting line. We have all fortunately persevered.

After my 2nd heart attack in 2003 my Dr. (and now definitely my friend) offered and did run the last 10 miles with me. The support of my wife, my wonderful family and friends have made it possible for me to be LA legacy runner #10221.

Looking forward to the #25 finish line.