

Legacy Runner Steve Gooselaw



Steve Gooselaw, 48, Orange CA. Love all the outdoor stuff, biking, climbing, hiking, skiing etc. Epic stuff is good. Things that take 10, 12, 14 hours are fun.

Honestly, running is my least favorite activity. It is tough on the hips, knees etc. Been able to do a lot of fun and unique outdoor stuff and hope to do so for a very long time.

The 10th year was interesting as the rain was epic.

The last two LA Marathons I participated in were done only a few weeks after my discharge from the cardiac ward for heart issues both times. Not so much fun running a marathon on no training. It can be done of course. Got to keep the streak alive. Hopefully this

year I won't have a repeat of the same health issues.